



SHOW

SPORT HEALTH OPPORTUNITY WELLBEING



Year 9-12

Expression of Interest (EOI)

Online Camp
Ksquared Sportstyle

Term 2, Friday 2nd June – Wednesday 28th June 2023

The New South Wales Aboriginal Education Consultative Group Inc. (NSW AECG Inc.) in conjunction with the NSW Department of Education's Aboriginal Outcomes and Partnerships Directorate will be delivering online workshops for Aboriginal students from Year 9 to Year 11. Ksquared Sportstyle will deliver 5 workshops over 5 weeks. The online camp will contribute to informing, strengthening, and connecting students to SHOW (Sport, Health, Opportunity and Wellbeing).

Ksquared Sportstyle or identical twins John and Maurice Kennedy started their journey 5 years ago when they retired from semi professional sport. They've played Rugby league, rugby union and touch football at high levels. They are now Strength and conditioning coaches at Narrabeen Sports High School and also Warringah Rats. One of their points of difference has been their holistic approach to sport and life. They are both Qualified Wellbeing specialists and will be sharing tools around Mindset, Nutrition, Screen time and Physical movement.

The maximum numbers of students for the online SHOW camp is, 50 students. Please limit applications to 10 students per school.

Event: SHOW Camp – Ksquared Sportstyle – Mindset, Nutrition, Screen time and Physical movement.
Targeting: Aboriginal Students from Year 9 to Year 11
Date: Friday 2nd June 2023
 Wednesday 7th June 2023
 Wednesday 14th June 2023
 Wednesday 21st June 2023
 Wednesday 28th June 2023
Time: 9.30am – 10.30am each session
Duration: 1 hour per session
Venue: Online through Zoom
Cost: Free
Supervision: Teachers are required to be online with students.
Resources: Once accepted each student will need for the online camp is:
 - Pen
 - Paper



Schools or Parents/Caregivers need to forward Expressions of Interest (EOI) on behalf of students to attend the camp. EOIs can be completed through a google forms process using the following link:

<https://forms.gle/BDfaJib6mXtr5cAE8>

If you have any questions or for further info, please email camps@aecg.nsw.edu.au
EOIs must be received by COB, Wednesday 24th May 2023. EOIs will not be received after this date.



New South Wales
Aboriginal Education
Consultative Group Inc.



KSQUARED
SPORTSTYLE